

Orthonyxia for convex pathologic nails

Foot Forward clinic is using the nail brace for patients with convex painful nails.
It is a conservative treatment for convex pathologic nails.

Treatment:

- Custom made nail brace.
- Painless technique.
- Replacing after 6 weeks.
- We have to repeat the treatment a few times to get the best results.

The nail brace:

This is made from a short piece of 0.5mm gauge stainless steel wire which applies a slight upward and outward tension to the nail edges to correct them gradually.



Why should we use it:

Partial matrix excision and orthonyxia are equally effective treatments for ingrown toenails. But the orthonyxia procedure showed better results, with less postoperative morbidity, shorter time to complete recovery, fewer postoperative symptoms, and greater patient satisfaction.

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